
Tilda®
Village Life
Heart of the Village pillow
Blue/Burgundy
www.tildasworld.com

Heart of the Village Pillow

(Blue/burgundy colourway)

The Heart of the Village quilts look wonderful with companion pillows and this pillow echoes the quilt's blocks and colours perfectly. The pillow's square shape also makes it ideal for use elsewhere in the home, such as a sofa. This pillow features fabrics in crisp winter shades, while a second pillow uses warmer, more autumnal colours. Both pillows use fabrics from the Village Life collection, with its blenders and extras, plus some fabrics from the Creating Memories, Brie and Tea Towel Basics ranges. See tildasworld.com for all pillow and quilt instructions.

Difficulty rating **

Materials

- Fabric 1: about 12in (30.5cm) square – Polka Dot red (160085)
- Fabric 2: about 9in (23cm) square – Esther blue (100699)
- Fabric 3: about 9in (23cm) square – Myrtle blue (100698)
- Fabric 4: about 9in (23cm) square – Ruth blue (100696)
- Fabric 5: about 9in (23cm) square – Agnes blue (100700)
- Fabric 6: about 9in (23cm) square – Lillian blue (110184)
- Fabric 7: about 9in (23cm) square – Cookie Stripe blue (160106)
- Fabric 8: about 9in (23cm) square – Macaron Plaid blue (160107)
- Fabric 9: about 9in (23cm) square – Brie iris (130189)
- Fabric 10: about 12in (30.5cm) square – Gingham blue (160073)
- Fabric 11: about 9in (23cm) square – Esther burgundy (100694)
- Fabric 12: about 9in (23cm) square – Esther cold cream (100691)
- Fabric 13: about 9in (23cm) square – Margot burgundy (100694)
- Fabric 14: about 9in (23cm) square – Mabel cold cream (100692)
- Fabric 15: about 9in (23cm) square – Brie pink (130194)
- Fabric 16: about 9in (23cm) square – Mae cream (110181)
- Fabric 17: about 9in (23cm) square – Waffle Plaid red (160113)
- Fabric 18: about 9in (23cm) square – Lillian burgundy (110182)
- Fabric 19: about 9in (23cm) square – Village blue (110187) *****
- Fabric 20: about 9in (23cm) square – Mae burgundy (110183)
- Fabric 21: about 9in (23cm) square – Mabel blue (100697)
- Fabric 22: about 9in (23cm) square – Agnes burgundy (100693)
- Fabric 23: about 14in (35.5cm) square – Polka Dot blue (160071)
- Fabric 24: about 14in (35.5cm) square – Gingham red (160087)
- Fabric 25: about 5in (13cm) square – Brie burgundy (130193)
- Fabric 26: about 5in (13cm) square – Brie denim (130190)
- Wadding (batting): 25in (63.5cm) square
- Lining fabric (optional): 25in (63.5cm) square
- Fabric for back of pillow ⅞yd (80cm) – Ruth blue (100696)
- Binding fabric: ¼yd (25cm) – Plaid burgundy (160086)
- Freezer paper for appliqué
- Spray starch and a small brush ***or*** paper piece fabric glue pen for appliqué (optional)
- Piecing and quilting threads and hand sewing threads to match appliqué colours
- Four Village Life Buttons, Winter colours 14mm and 16mm (400081) (optional)
- Pillow pad to fit cover

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Fabric Notes

- * Fabric 19 has some charming motifs, so we have fussy cut the heart to showcase a house. A 9in (23cm) square should allow a motif to be cut but a 12in (30.5cm) square will give you more choice.

Finished Size

23½in (60cm) square

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Press fabric before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvedges.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.
- Abbreviations: RS = right side; WS = wrong side
- Check that any patterns being used are printed at full size (100%).

Pillow Layout

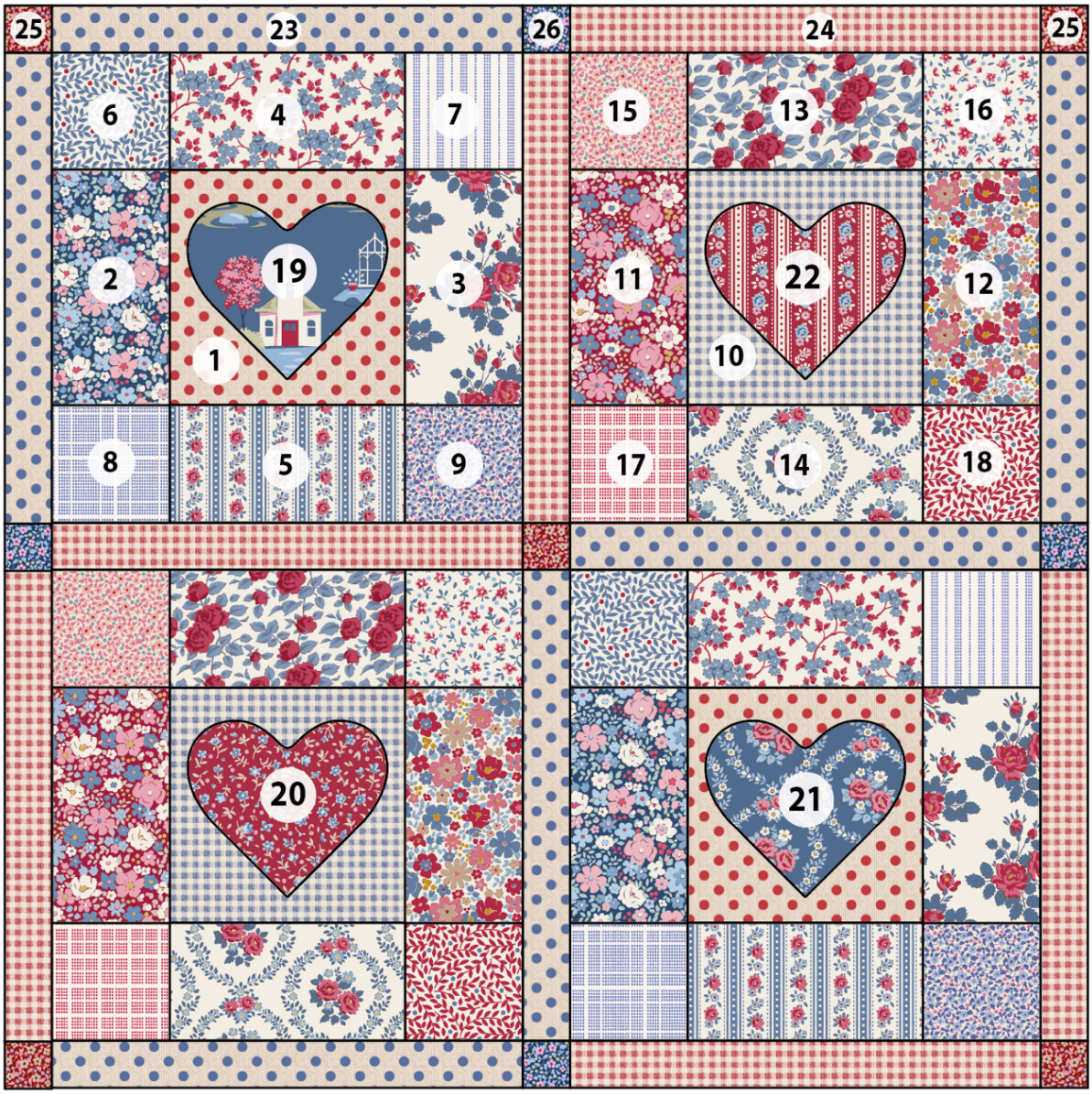
1 The pillow layout consists of four heart blocks, which are all made the same way – two in blue colours and two in burgundy colours. The heart is created with turned-edge appliqué using freezer paper and a pattern is provided for this. Refer to **Fig A** for the fabrics used and **Fig B** for the pillow layout and fabric positions.

Fig A Fabric swatches (Heart of the Village Pillow – blue/burgundy)



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Fig B Pillow layout and fabric positions



Cutting Out

2 For the blocks, the cut sizes are given in **Fig C**, which include ¼in (6mm) seam allowances. **Fig B** shows the fabric positions for each of the two blocks. For a full cutting list for the whole pillow follow the measurements given Step 4.

3 For the sashing and cornerstones follow the cutting list below.

Cutting list for the whole pillow

4 The following is a list of the number of pieces and sizes needed for each fabric for the whole pillow, which you could use as a checklist.

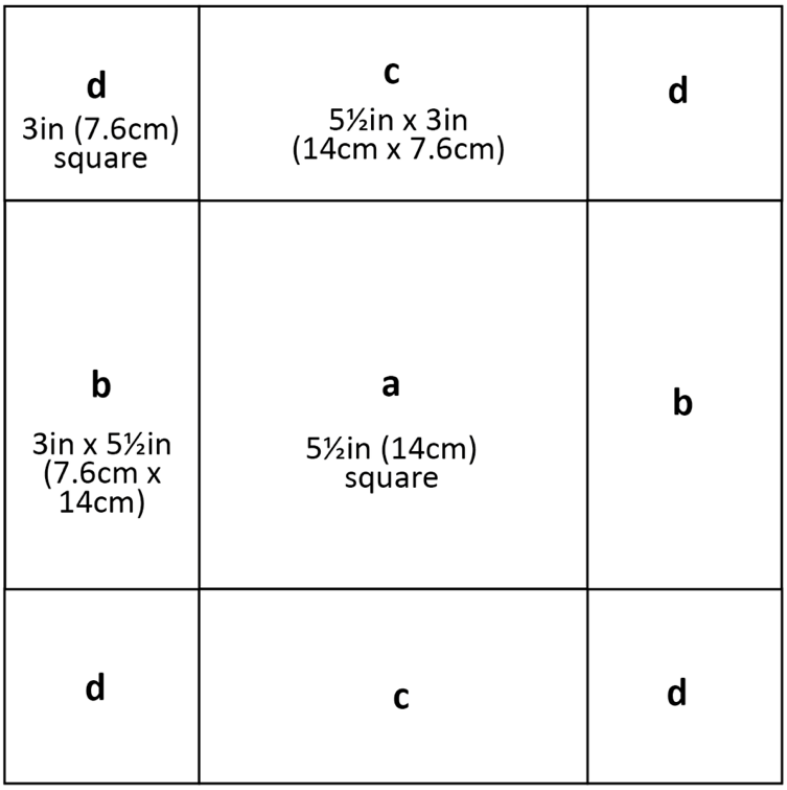
- Fabric 1 – cut two 5½in (14cm) square (**a**).
- Fabric 2 – cut two 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 3 – cut two 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 4 – cut two 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 5 – cut two 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 6 – cut two 3in (7.6cm) squares (**d**).

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- Fabric 7 – cut two 3in (7.6cm) squares (**d**).
- Fabric 8 – cut two 3in (7.6cm) squares (**d**).
- Fabric 9 – cut two 3in (7.6cm) squares (**d**).
- Fabric 10 – cut two 5½in (14cm) square (**a**).
- Fabric 11 – cut two 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 12 – cut two 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 13 – cut two 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 14 – cut two 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 15 – cut two 3in (7.6cm) squares (**d**).
- Fabric 16 – cut two 3in (7.6cm) squares (**d**).
- Fabric 17 – cut two 3in (7.6cm) squares (**d**).
- Fabric 18 – cut two 3in (7.6cm) squares (**d**).
- Fabric 19 – cut one 5in (12.7cm) square for appliqué heart (fussy cut). See Step 5 below for cutting out the heart shapes.
- Fabric 20 – cut one 5in (12.7cm) square for appliqué heart.
- Fabric 21 – cut one 5in (12.7cm) square for appliqué heart.
- Fabric 22 – cut one 5in (12.7cm) square for appliqué heart (fussy cut).
- Fabric 23 – cut three 10½in x 1½in (26.7cm x 3.8cm) strips for horizontal sashing and three 1½in x 10½in (3.8cm x 26.7cm) strips for vertical sashing.
- Fabric 24 – cut three 10½in x 1½in (26.7cm x 3.8cm) strips for horizontal sashing and three 1½in x 10½in (3.8cm x 26.7cm) strips for vertical sashing.
- Fabric 25 – cut five 1½in (3.8cm) squares for cornerstones.
- Fabric 26 – cut four 1½in (3.8cm) squares for cornerstones.

Fig C Cut measurements for a block
Sizes include ¼in (6mm) seam allowances.

Block = 10½in (26.7cm) unfinished



5 When the 5in (12.7cm) squares have been cut for the appliqué hearts, use the *whole* heart pattern to mark and cut out the heart shapes from each square. The heart cut from Fabric 19 could be fussy cut to feature a house motif. The sizes and fabrics to use for the appliqué hearts are also given in the cutting list for the whole pillow given above.
For the freezer paper shapes, make a second paper copy of the pattern and cut this out on the *inner* dashed line – this excludes the seam allowance and is the finished shape of the heart. Use this shape to cut four heart shapes from freezer paper.

6 Cut the fabric for the back of the pillow into two pieces, each 25in x 15in (63.5cm x 38cm).

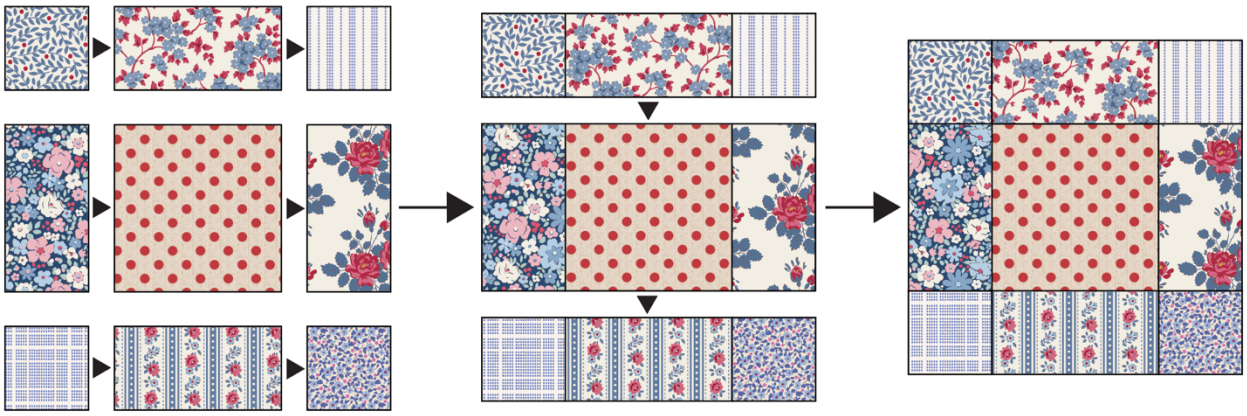
7 Cut the binding fabric into three 2½in (6.4cm) x width of fabric strips. Sew together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Making a Block

8 Both blocks have the same layout and **Fig D** shows the assembly stages for Block 1. Lay out all the pieces needed and then follow the diagram, beginning by sewing the block together in three rows. Press the seams in the first and third rows in one direction and the seams in the second row in the opposite direction. (Alternatively, press all seams open.) Now sew the three rows together, matching seams neatly. Press seams to the side or open. Check the unfinished block measures 10½in (26.7cm) square.

9 Make two of Block 1 in total. Using the same methods, make two of Block 2, following **Fig B** for the fabrics.

Fig D Assembling a block
Block 1 shown



Making the Appliqués

10 The heart appliqués are made using a turned-edge method with freezer paper used to assist with this method. In this method, cutting the freezer paper to the same shape as the finished appliqué is very useful, as the fabric is easily turned over the paper to create a smooth edge.

Methods for turning the seam allowance over: When turning the seam allowance over the edge of the freezer paper, you could use one of two methods.

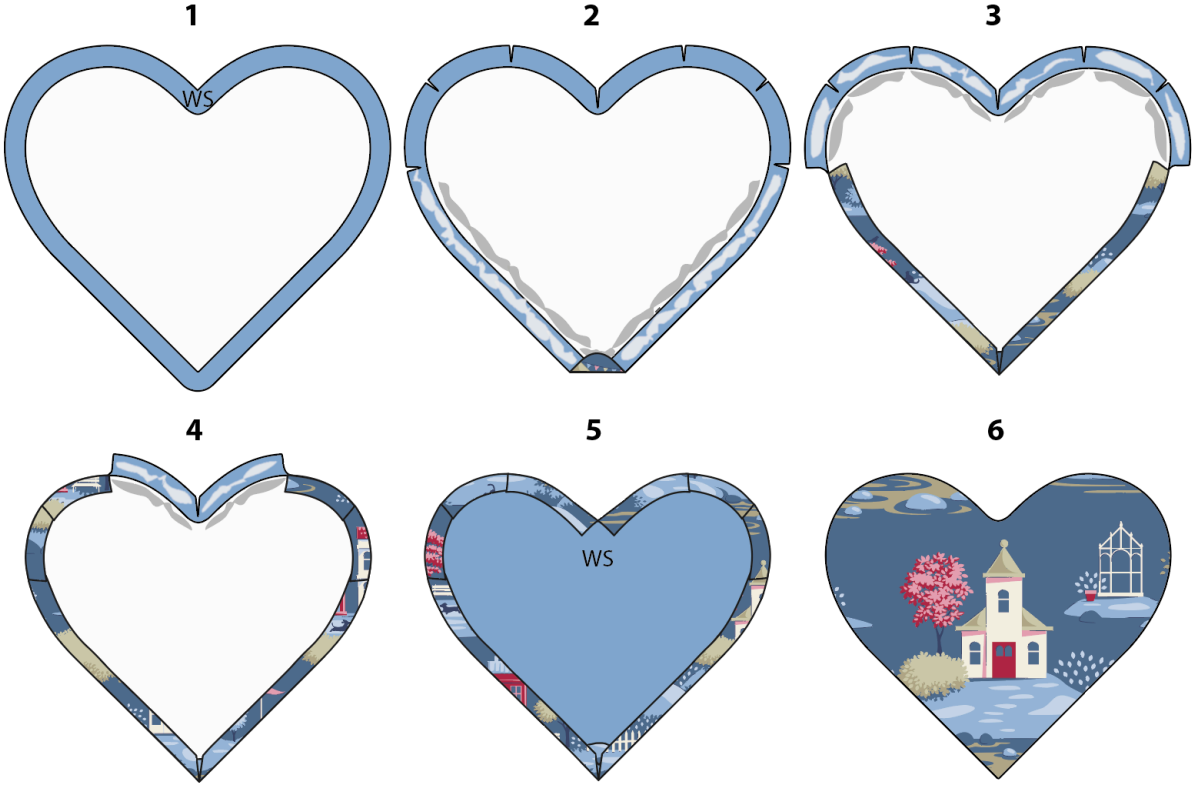
- The first method (the easiest and quickest) is to spray some starch into the lid of the can so you have a little puddle. Now use a small brush to paint liquid starch on the fabric's seam allowance. Damping it like this will not only make it easier to turn the seam over smoothly but the starch will form a nice crisp edge when pressed. This method also makes removing the paper much easier, still leaving a firm edge that is easy to sew later.

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- The second method is to apply paper piece glue to the edges of the freezer paper shape, so the fabric will stick to the paper when it is turned over. Don't use too much glue or the paper will be difficult to remove later.

11 Working on one heart fabric shape at a time, place a freezer paper shape on the wrong side of the fabric, shiny side down in the centre of the fabric shape, allowing a ¼in (6mm) seam allowance all round. Fuse the paper shape into place with a hot iron (see **Fig E 1**). Snip into the seam allowance on tight points and curves, snipping no more than ⅛in (3mm) deep. Decide which method you want to use for seam turning – **Fig E 2** shows *both* the glue and starch methods but choose just ***one*** method. Start by using the point of an iron to turn the seam allowance over at the base of the heart, as shown. Now turn the lower sides over as in **Fig E 3**. Work around the heart shape like this, following the curved edge of the paper neatly (**Fig E 4**). It's ok if small pleats are formed on the wrong side. The damp seam allowance should allow you to press around the curves quite easily. Cut more snips into the seam allowance if you think it's needed. Continue in this way until all the seam allowance is turned over (**Fig E 5**). Carefully remove the paper and then press the fabric shape again from the right side (**Fig E 6**). Prepare all the heart appliqués this way.

Fig E Making an appliqué heart

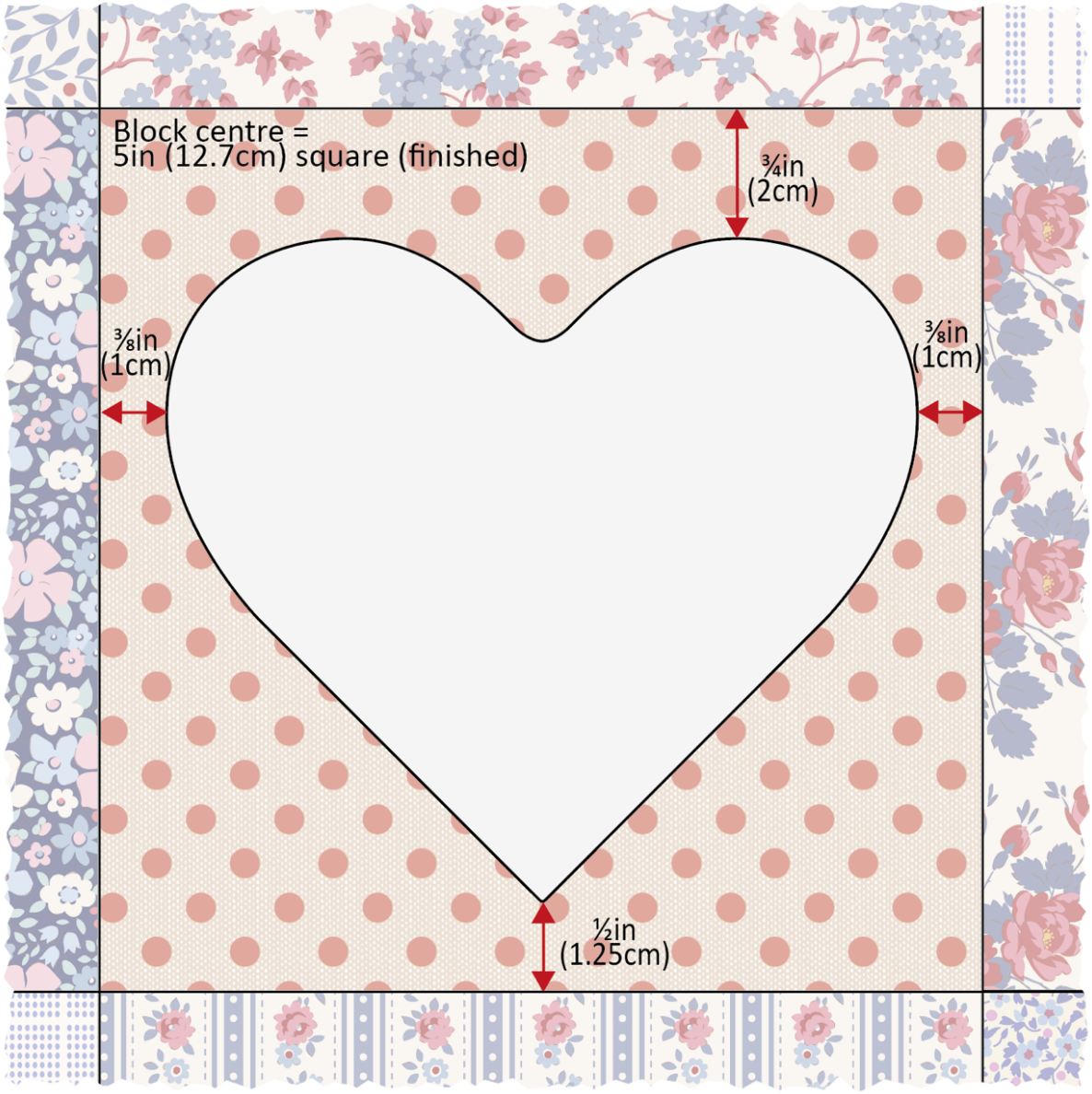


12 When all of the blocks and heart appliqués are complete, you can sew the hearts in place on the blocks. Lay out the blocks in the correct order with the correct hearts on the right blocks. Each heart can be placed by eye on each block or you can be more precise by following **Fig F**, which shows the exact measurements we used. The diagram shows the central area of Block 1, with the heart shown in white.

13 Fix the heart into place using pins or small smears of glue from a fabric glue pen and then choose a hand sewing thread to match the heart fabric and use small stitches along the edge of the heart to sew it to the block. Press once the sewing is complete. Repeat with the other three appliqué hearts.

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Fig F Positioning a heart on the centre square of a block



Assembling the Patchwork

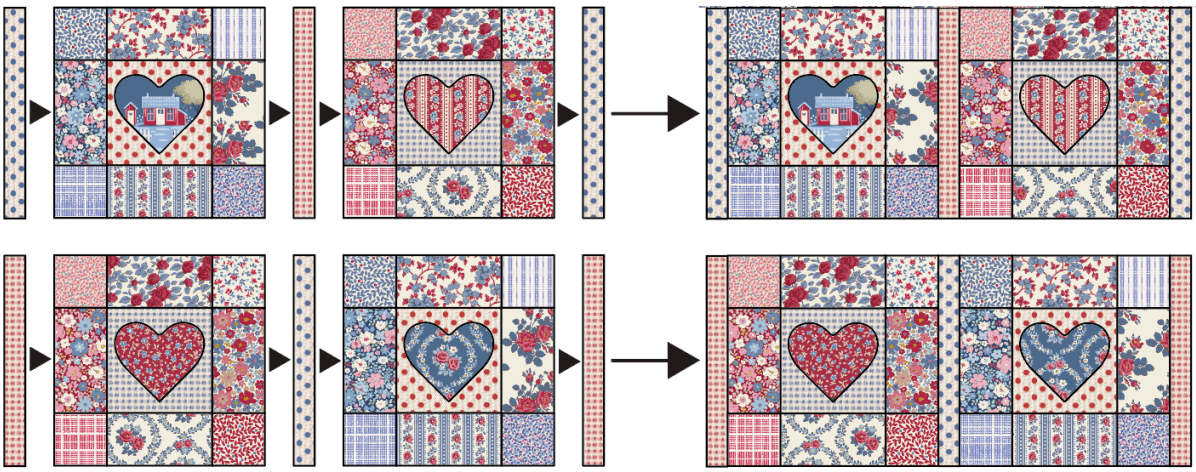
14 Follow the stages in **Fig G** for the pillow patchwork assembly. Start by using ¼in (6mm) seams to sew the vertical sashing strips to the sides of the blocks, as shown in **Fig G 1**, following the fabric positions carefully. Press the seams open or to one side.

15 For the horizontal sashing, for one row sew two horizontal sashing strips together with three cornerstones as shown in **Fig G 2**. Repeat with the other sashing rows, following the fabric positions carefully. Now sew these rows together with the block rows, as shown, matching seams neatly. Press the seams downwards. Check the patchwork is 23½in (60cm) square.

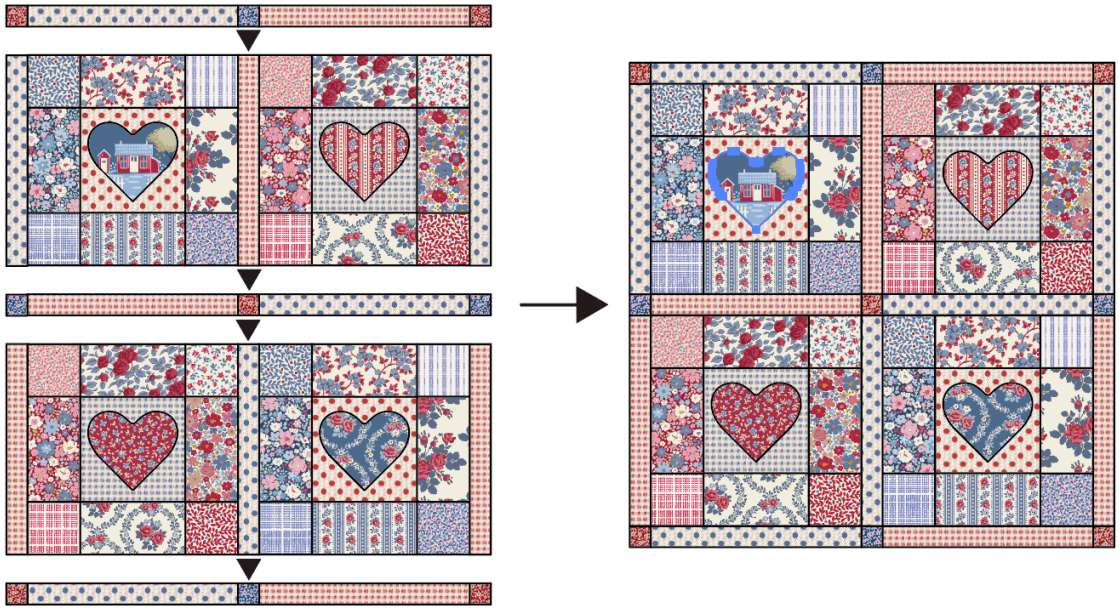
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Fig G Assembling the patchwork

1



2



Quilting and Finishing

16 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

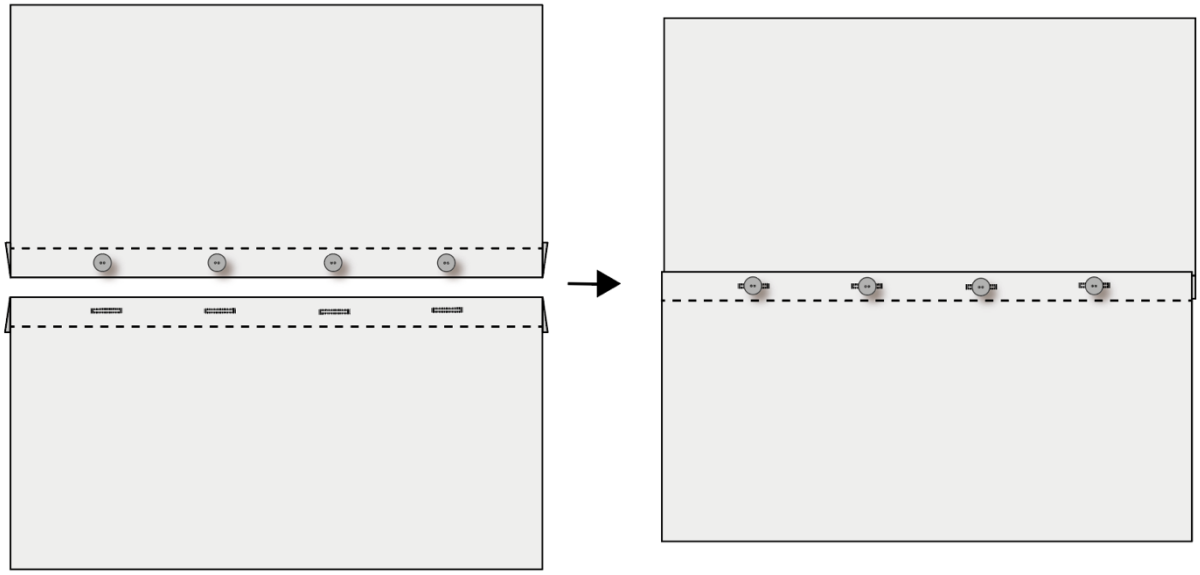
17 To make up the pillow cover, take the two pieces of fabric for the pillow back and on one long edge of each piece, create a hem by turning the edge over by 1in (2.5cm), twice. Sew the seams with matching thread and press (**Fig H**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

18 For the fastening, using your sewing machine, create four equally spaced buttonholes within the hem of one of the pieces, choosing the length to match the size of the buttons you have chosen. Sew four buttons onto the other piece, matching their positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening to fasten the cover and sew on the buttons as a decorative feature.

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19 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. On the backing, fasten the buttons into the buttonholes and place the whole piece right side down. Place the quilted patchwork on top, right side up. Make sure the outer edges of all pieces are aligned, trimming if need be. Pin or tack (baste) the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Fig H Making up the cover

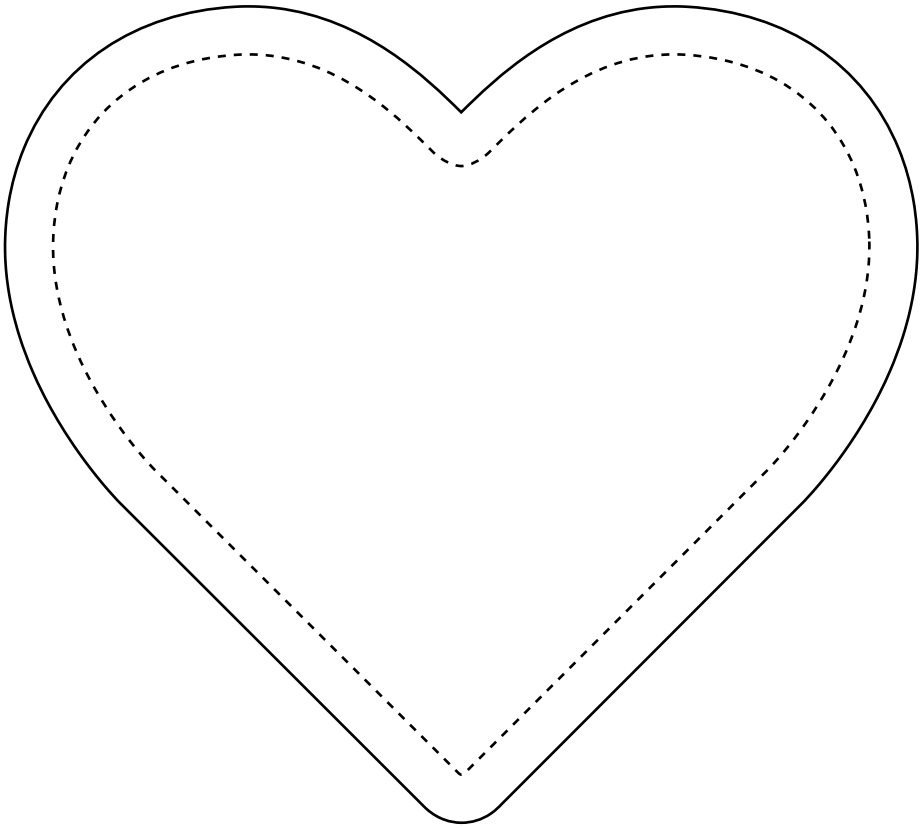


Heart of the Village

Heart Appliqué Pattern

Full size

Includes ¼in (6mm) seam allowance



Please check this ruler to ensure that you are printing in 100%. Page size is A4.

