Tilda®

Village Life

Heart of the Village quilt
Blue/Burgundy



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Heart of the Village Quilt

(Blue/burgundy colourway)

Here's an easy quilt for you, with just two, repeated blocks that are simple and quick to make. It's filled with charm too thanks to the addition of an appliqué heart at the centre of each block. The appliqué uses a turned-edge method, made easier with freezer paper. For an extra special look the hearts using Fabric 19 and Fabric 22 could be fussy cut to feature a house motif. The quilt design uses fabrics from the Village Life collection, with its blenders and extras, plus some fabrics from the Creating Memories, Brie and Tea Towel Basics ranges. This quilt features crisp, wintery colours of burgundies and blues and there is a second quilt in warmer autumnal shades of rust and teal. The quilts are also complemented by two pillows. See tildasworld.com for all project instructions.

Difficulty rating **

Materials

- Fabric 1: ¾yd (75cm) – Polka Dot red (160085)
- Fabric 2: ⅜yd (40cm) – Esther blue (100699)
- Fabric 3: ⅜yd (40cm) – Myrtle blue (100698)
- Fabric 4: ⅜yd (40cm) – Ruth blue (100696)
- Fabric 5: ⅜yd (40cm) – Agnes blue (100700)
- Fabric 6: ¼yd (25cm) – Lillian blue (110184)
- Fabric 7: ¼yd (25cm) – Cookie Stripe blue (160106)
- Fabric 8: ¼yd (25cm) – Macaron Plaid blue (160107)
- Fabric 9: ¼yd (25cm) – Brie iris (130189)
- Fabric 10: ¾yd (75cm) – Gingham blue (160073)
- Fabric 11: ⅜yd (40cm) – Esther burgundy (100695)
- Fabric 12: ⅜yd (40cm) – Esther cold cream (100691)
- Fabric 13: ⅜yd (40cm) – Margot burgundy (100694)
- Fabric 14: ⅜yd (40cm) – Mabel cold cream (100692)
- Fabric 15: ¼yd (25cm) – Brie pink (130194)
- Fabric 16: ¼yd (25cm) – Mae cream (110181)
- Fabric 17: ¼yd (25cm) – Waffle Plaid red (160113)
- Fabric 18: ¼yd (25cm) – Lillian burgundy (110182)
- Fabric 19: ⅜yd (40cm) – Village blue (110187) (***** Extra fabric allowed for fussy cutting)
- Fabric 20: ¼yd (25cm) – Mae burgundy (110183)
- Fabric 21: ¼yd (25cm) – Mabel blue (100697)
- Fabric 22: ⅜yd (40cm) – Village red (110186) (***** Extra fabric allowed for fussy cutting)
- Fabric 23: ¼yd (25cm) – Mae blue (110185)
- Fabric 24: ¼yd (25cm) – Agnes burgundy (100693)
- Fabric 25: ¾yd (75cm) – Polka Dot blue (160071)
- Fabric 26: ¾yd (75cm) – Gingham red (160087)
- Fabric 27: ⅛yd (15cm) – Brie burgundy (130193)
- Fabric 28: ⅛yd (15cm) – Brie denim (130190)
- Wadding (batting): 75in x 97in (190.5cm x 246.5cm)
- Backing fabric: 5½yds (5m) – Mae cream (110181)
- Binding fabric: ⅝yd (60cm) – Plaid burgundy (160086)
- Freezer paper for appliqué
- Spray starch and a small brush ***or*** paper piece fabric glue pen for appliqué (optional)

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- Piecing and quilting threads and hand sewing threads to match appliqué colours
- Quilter's ruler, rotary cutter and mat

Fabric Notes

- Where a long eighth or long quarter of a yard is given in the Materials list you could use a fat eighth or a fat quarter instead. A fat eighth is assumed to be approximately 10½in x 18in (26.7cm x 45.7cm) and a fat quarter approximately 21in x 18in (53.3cm x 45.7cm).
- ***** Fabrics 19 and 22 have lots of charming motifs, so we have fussy cut the hearts to showcase some of the houses. Extra fabric has been allowed in the Materials list. If you *don't* want to fussy cut, then only ¼yd (50cm) of each will be needed.

Finished Size

67½in x 89½in (171.5cm x 227.5cm)

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Press fabric before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvedges.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.
- Abbreviations: RS = right side; WS = wrong side
- Check that any patterns being used are printed at full size (100%).

Quilt Layout

1 The quilt has forty-eight blocks laid out in eight rows, each with six blocks. There are two alternating blocks – Block 1 is predominately blues, while Block 2 is predominately burgundies. Appliqué hearts adorn the centre of each block and a full size pattern is provided for this shape. Sashing is used between the blocks, with cornerstones at the junctions. Refer to **Fig A** for the fabrics used and **Fig B** for the quilt layout.

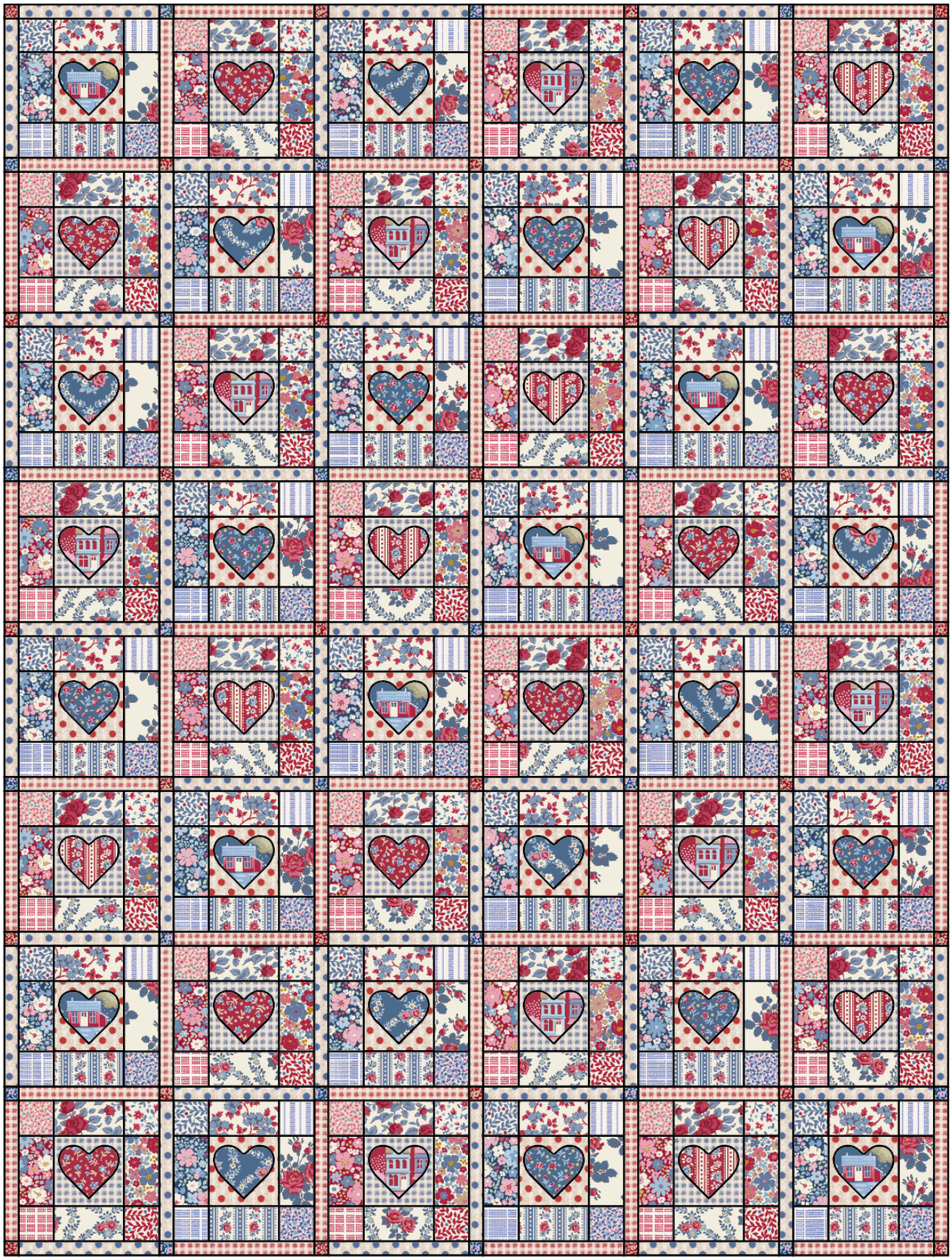
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Fig A Fabric swatches (Heart of the Village Quilt – blue/burgundy)



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Fig B Quilt layout



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Cutting Out

2 For the blocks, use the cut sizes given in **Fig C**, which include ¼in (6mm) seam allowances. For the fabric positions for each of the two blocks, follow **Fig E**.

3 For the sashing and cornerstones follow the cut measurements in **Fig D**. The sizes and fabrics are also given in the cutting list for the whole quilt provided in Step 5 below.

4 For the appliqué hearts cut 5in (12.7cm) squares of the fabrics given in **Fig F**. This diagram also shows the positions the hearts will be in for the final quilt rows. Use the *whole* heart pattern to mark and cut out the heart shapes from each square. The hearts cut from Fabric 19 and Fabric 22 could be fussy cut to feature a house motif from those fabrics. The sizes and fabrics to use for the appliqué hearts are also given in the cutting list for the whole quilt given in Step 5 below. Make a second paper copy of the pattern and cut this out on the *inner* dashed line – this excludes the seam allowance and is the finished shape of the heart. Use this shape to cut forty-eight heart shapes from freezer paper.

Cutting list for the whole quilt

5 The following is a list of the number of pieces and sizes needed for each fabric for the whole quilt, which you could use as a checklist.

- Fabric 1 – cut twenty-four 5½in (14cm) squares (**a**).
- Fabric 2 – cut twenty-four 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 3 – cut twenty-four 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 4 – cut twenty-four 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 5 – cut twenty-four 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 6 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 7 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 8 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 9 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 10 – cut twenty-four 5½in (14cm) squares (**a**).
- Fabric 11 – cut twenty-four 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 12 – cut twenty-four 3in x 5½in (7.6cm x 14cm) rectangles (**b**).
- Fabric 13 – cut twenty-four 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 14 – cut twenty-four 5½in x 3in (14cm x 7.6cm) rectangles (**c**).
- Fabric 15 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 16 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 17 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 18 – cut twenty-four 3in (7.6cm) squares (**d**).
- Fabric 19 – cut eight 5in (12.7cm) squares for appliqué hearts (fussy cut).
- Fabric 20 – cut eight 5in (12.7cm) squares for appliqué hearts.
- Fabric 21 – cut eight 5in (12.7cm) squares for appliqué hearts.
- Fabric 22 – cut eight 5in (12.7cm) squares for appliqué hearts (fussy cut).
- Fabric 23 – cut eight 5in (12.7cm) squares for appliqué hearts.
- Fabric 24 – cut eight 5in (12.7cm) squares for appliqué hearts.
- Fabric 25 – cut twenty-seven 10½in x 1½in (26.7cm x 3.8cm) strips for horizontal sashing and twenty-eight 1½in x 10½in (3.8cm x 26.7cm) strips for vertical sashing.
- Fabric 26 – cut twenty-seven 10½in x 1½in (26.7cm x 3.8cm) strips for horizontal sashing and twenty-eight 1½in x 10½in (3.8cm x 26.7cm) strips for vertical sashing.
- Fabric 27 – thirty-two 1½in (3.8cm) squares for cornerstones.
- Fabric 28 – thirty-one 1½in (3.8cm) squares for cornerstones.

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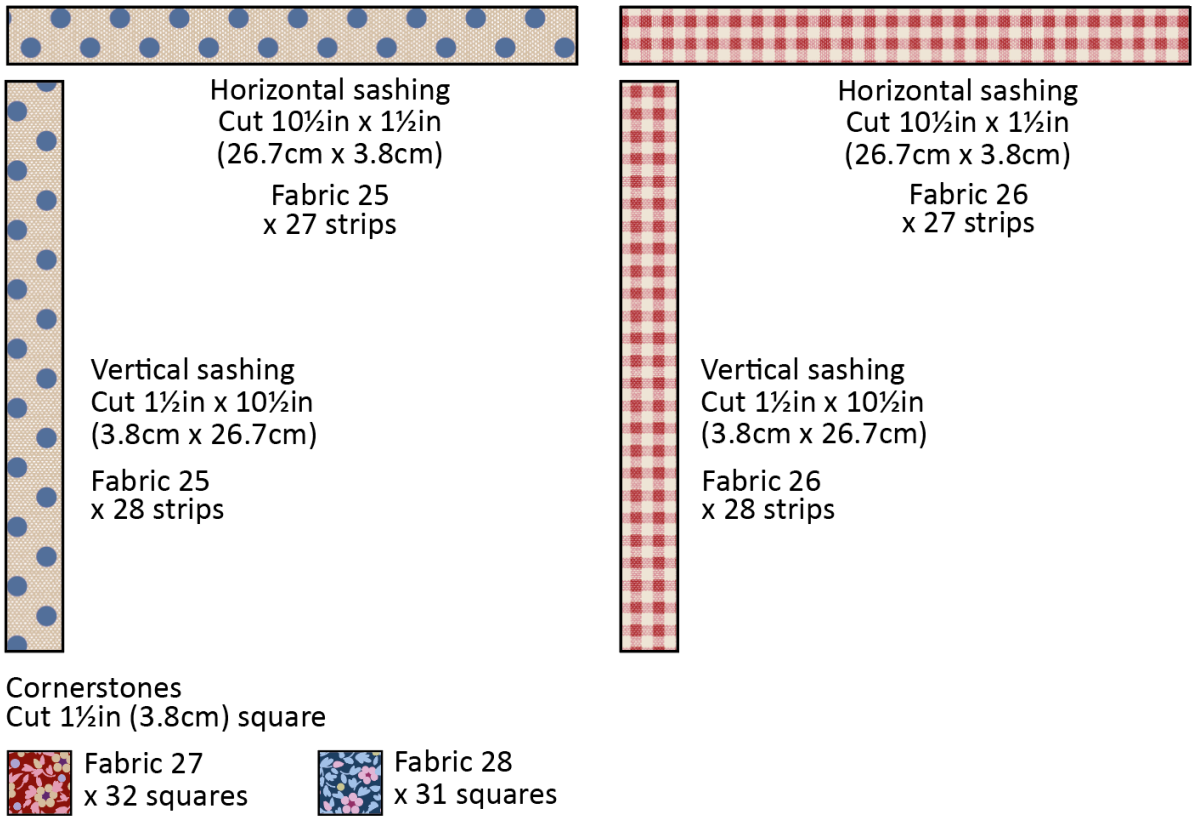
Fig C Cut measurements for a block

Block = 10½in (26.7cm) unfinished

d 3in (7.6cm) square	**c** 5½in x 3in (14cm x 7.6cm)	**d**
b 3in x 5½in (7.6cm x 14cm)	**a** 5½in (14cm) square	**b**
d	**c**	**d**

Fig D Cut measurements for the sashing and cornerstones

Sizes include ¼in (6mm) seam allowances

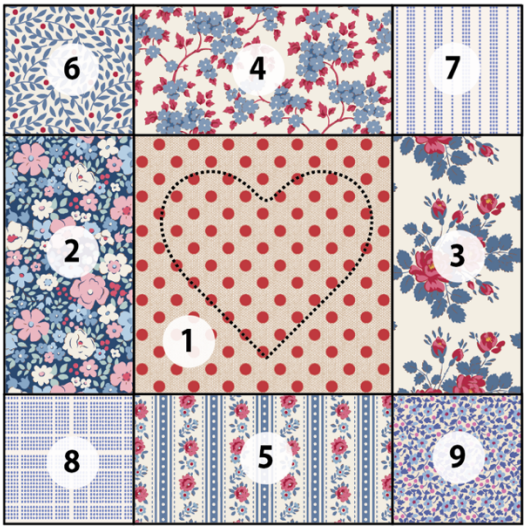


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Fig E Colourways for the blocks

Bold numbers indicate the fabrics used (see Fig A). Make twenty-four of each block

Block 1



Block 2



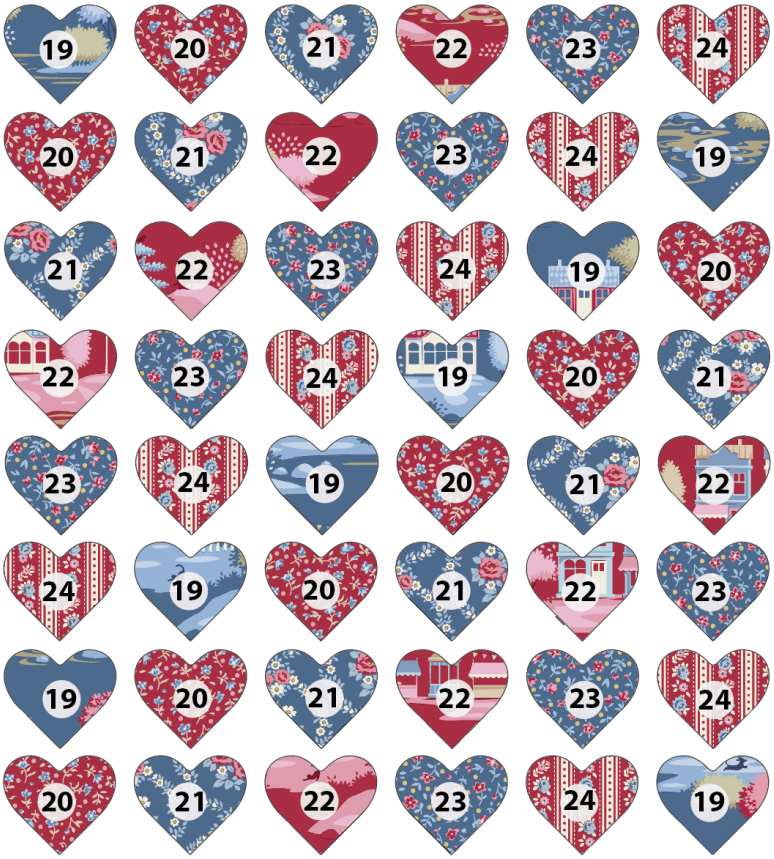
Fig F Colourways for the hearts and quilt positions

Bold numbers indicate the fabrics used (see Fig A)

Make eight of each appliqué



Quilt positions



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6 Cut the backing fabric across the width into two pieces. Sew together along the long side and press the seam open. Trim to a piece about 75in x 97in (190.5cm x 246.5cm). This is about 4in (10.2cm) larger all round than the quilt top, to allow for quilting and finishing.

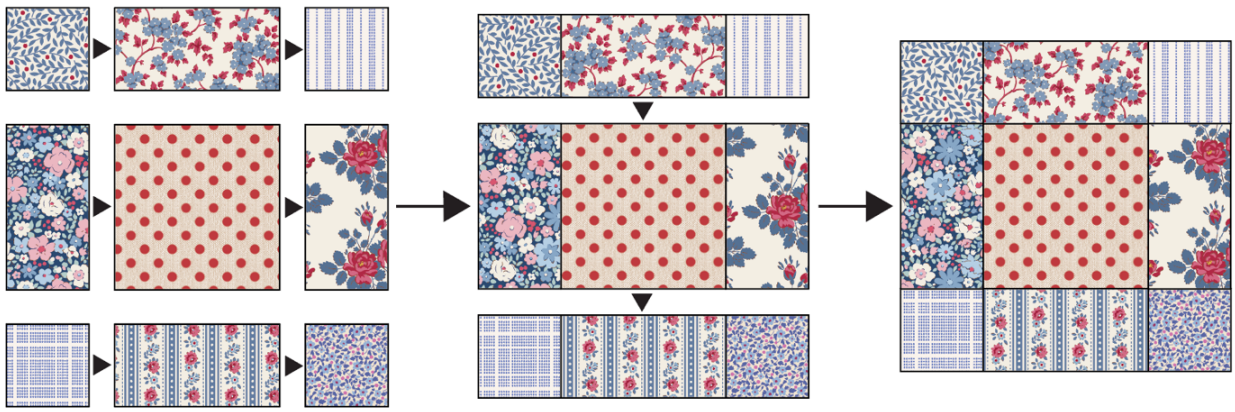
7 Cut the binding fabric into nine 2½in (6.4cm) x width of fabric strips. Sew together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Making a Block

8 Both blocks have the same layout and **Fig G** shows the assembly stages for Block 1. Lay out all the pieces needed and then follow the diagram, beginning by sewing the block together in three rows. Press the seams in the first and third rows in one direction and the seams in the second row in the opposite direction. (Alternatively, press all seams open.) Now sew the three rows together, matching seams neatly. Press seams to the side or open. Check the unfinished block measures 10½in (26.7cm).

9 Make twenty-four of Block 1 in total. Using the same methods, make twenty-four of Block 2, following **Fig E** for the fabrics.

Fig G Assembling a block
Block 1 shown



Making the Appliqués

10 The heart appliqués are made using a turned-edge method with freezer paper used to assist with this method. In this method, cutting the freezer paper to the same shape as the finished appliqué is very useful, as the fabric is easily turned over the paper to create a smooth edge.

Methods for turning the seam allowance over: When turning the seam allowance over the edge of the freezer paper, you could use one of two methods.

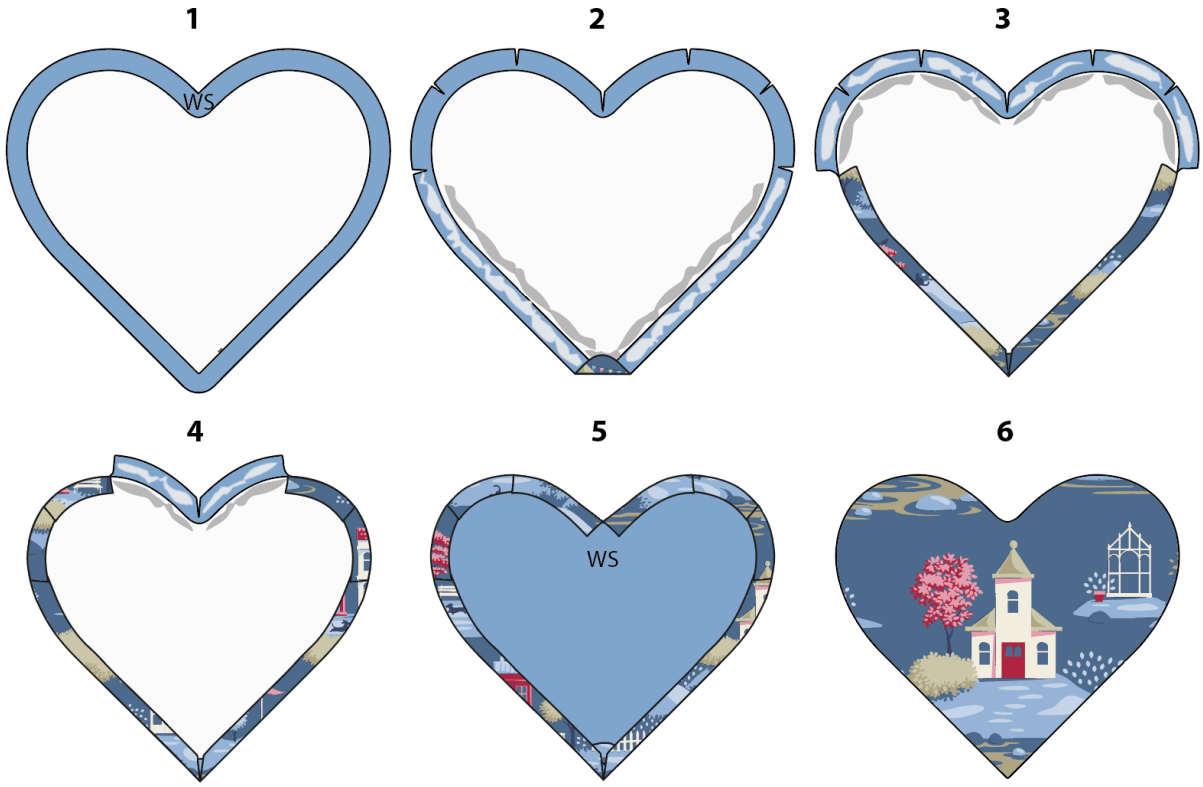
- The first method (the easiest and quickest) is to spray some starch into the lid of the can so you have a little puddle. Now use a small brush to paint liquid starch on the fabric's seam allowance. Damping it like this will not only make it easier to turn the seam over smoothly but the starch will form a nice crisp edge when pressed. This method also makes removing the paper much easier, still leaving a firm edge that is easy to sew later.
- The second method is to apply paper piece glue to the edges of the freezer paper shape, so the fabric will stick to the paper when it is turned over. Don't use too much glue or the paper will be difficult to remove later.

11 Working on one heart fabric shape at a time, place a freezer paper shape on the wrong side of the fabric, shiny side down in the centre of the fabric shape, allowing a ¼in (6mm) seam allowance all round. Fuse the paper shape into place with a hot iron (see **Fig H 1**). Snip into

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the seam allowance on tight points and curves, snipping no more than ⅛in (3mm) deep. Decide which method you want to use for seam turning – **Fig H 2** shows *both* the glue and starch methods but choose just ***one*** method. Start by using the point of an iron to turn the seam allowance over at the base of the heart, as shown. Now turn the lower sides over as in **Fig H 3**. Work around the heart shape like this, following the curved edge of the paper neatly (**Fig H 4**). It's ok if small pleats are formed on the wrong side. The damp seam allowance should allow you to press around the curves quite easily. Cut more snips into the seam allowance if you think it's needed. Continue in this way until all the seam allowance is turned over (**Fig H 5**). Carefully remove the paper and then press the fabric shape again from the right side (**Fig H 6**). Prepare all of the heart appliqués this way.

Fig H Making an appliqué heart

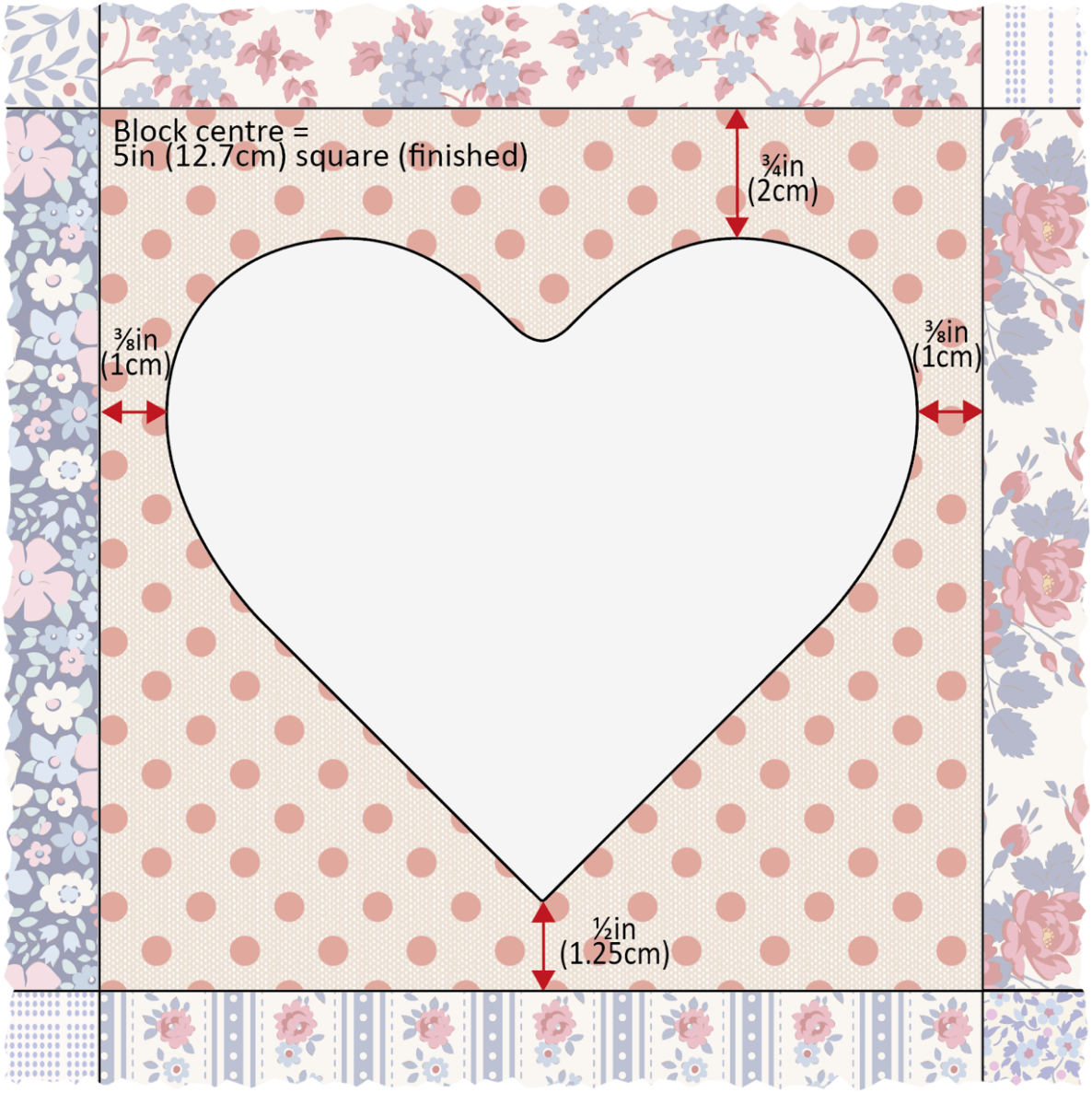


12 When all of the blocks and heart appliqués are complete, you can sew the hearts in place on the blocks. Follow **Fig F** for the positions of the hearts on the quilt. At this stage it would help to lay out all the blocks in rows in the correct order (see **Fig B**), so the correct hearts are placed on the right blocks. Each heart can be placed by eye on each block or you can be more precise by following **Fig I**, which shows the exact measurements we used. The diagram shows the central area of Block 1, with the heart shown in white.

13 Fix the heart into place using pins or small smears of glue from a fabric glue pen and then choose a hand sewing thread to match the heart fabric and use small stitches along the edge of the heart to sew it to the block. Press once the sewing is complete. Repeat with all of the appliqués.

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Fig I Positioning a heart on the centre square of a block



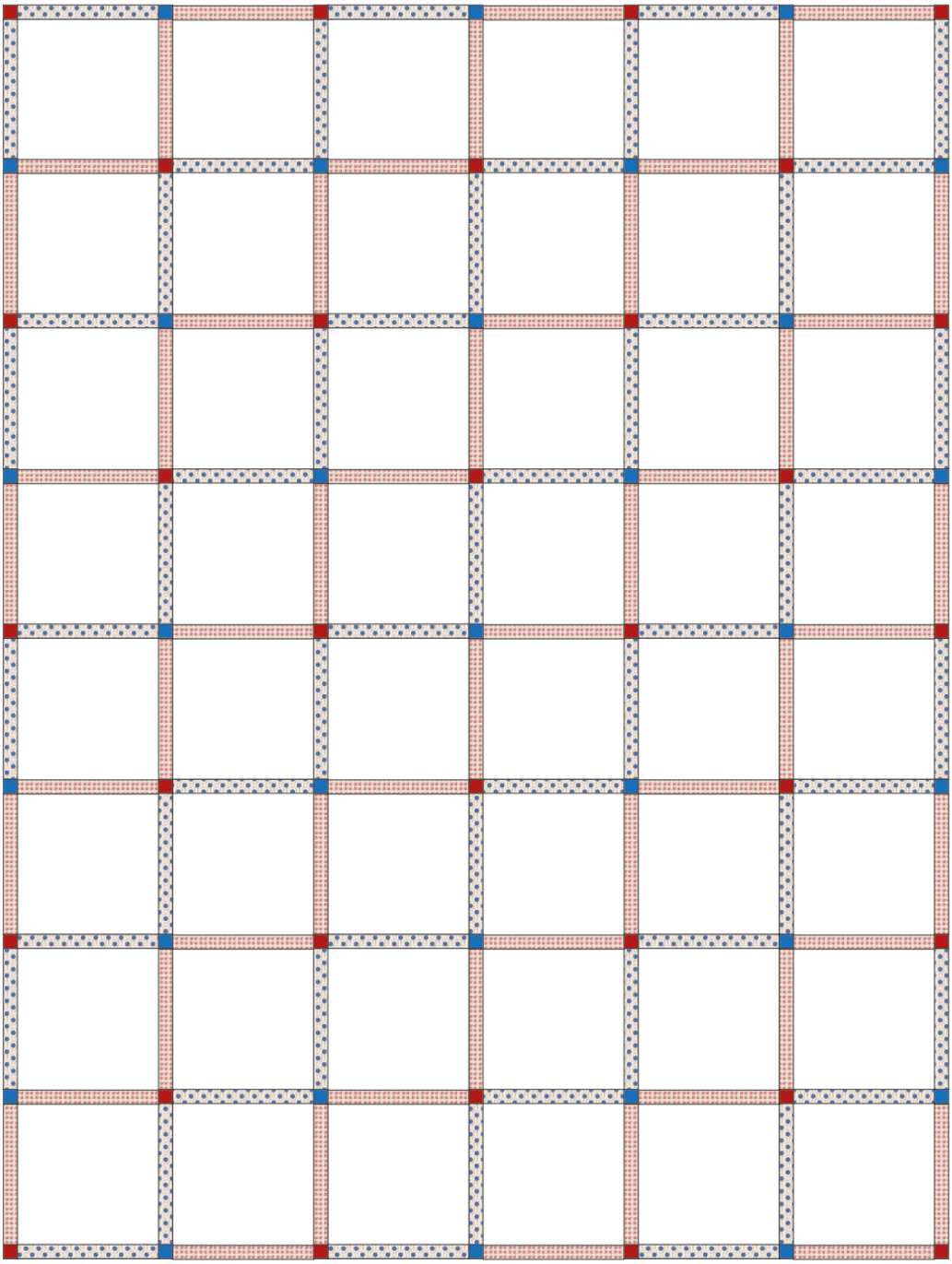
Assembling the Quilt

14 The quilt is assembled in rows. **Fig J** shows the positions of the sashing and cornerstones for the quilt. Use this diagram as well as **Fig K** when laying out the blocks, sashing and cornerstones. Using ¼in (6mm) seams, sew each row in turn and press the seams in one direction. Each sewn row should measure 67½in (171.5cm) long.

15 For the horizontal sashing, sew the six horizontal sashing strips together with their seven cornerstones. The top row assembly is shown in **Fig L**. When all horizontal sashing rows are complete, sew these rows together with the block rows, as shown in the diagram. Press the seams downwards.

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Fig J Position of the sashing and cornerstone fabrics



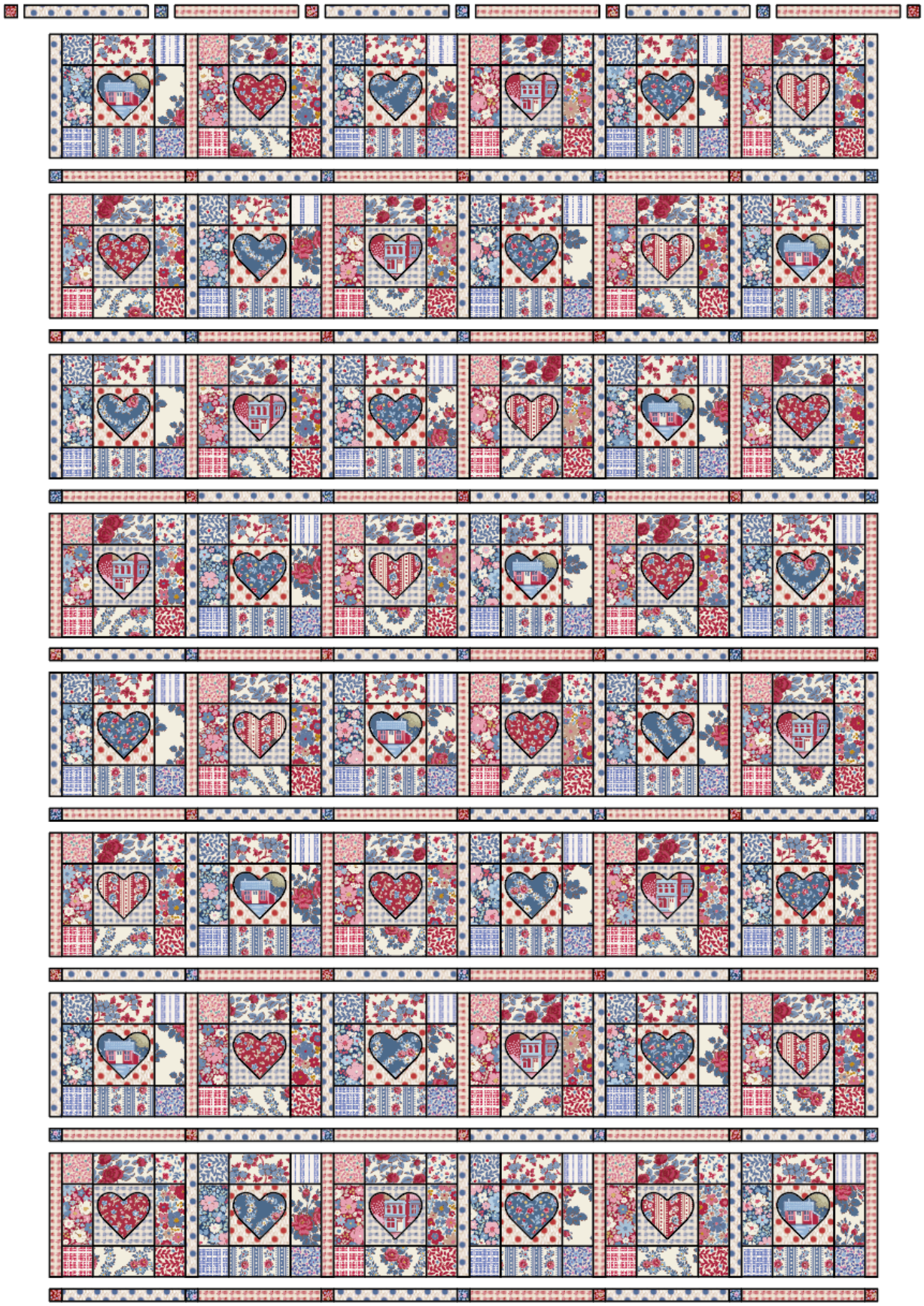
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Fig K Sewing the quilt rows together



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Fig L Adding the horizontal sashing and cornerstones



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Quilting and Finishing

16 If you are quilting the quilt yourself you now need to make a quilt sandwich – you can do this in various ways, as follows.

- Use large stitches to tack a grid through the layers of the quilt in both directions, with lines about 4in (10cm) apart.
- Use pins or safety pins to fix the layers together.
- Use fabric glue, sprayed onto the wadding to fix the layers together.

If you are sending the quilt off to be commercially long-arm quilted you won't need to make a sandwich, as this is done when the quilt is mounted on the machine. When the layers of the quilt are secured you can quilt as desired.

17 Use the prepared double-fold binding strip to bind your quilt. Sew the binding to the quilt by pinning the raw edge of the folded binding against the raw edge of the quilt. Don't start at a corner. Using a ¼in (6mm) seam, sew the binding in place, starting at least 6in (15.2cm) away from the end of the binding. Sew to within a ¼in (6mm) of a corner and stop. Take the quilt off the machine and fold the binding upwards, creating a mitred corner. Hold this in place, fold the binding back down and pin it in place. Begin sewing the ¼in (6mm) seam again from the top of the folded binding to within ¼in (6mm) of the next corner and then repeat the folding process. Do this on all corners. Leave a 6in (15.2cm) 'tail' of unsewn binding at the end.

18 To join the two ends of the binding, open up the beginning and end of the binding tails, lay them flat and fold the ends back so the two ends touch. Mark these folds by creasing or with pins – this is where your seam needs to be. Open out the binding and sew the pieces together at these creases. Trim off excess fabric and press the seam. Re-fold the binding and finish stitching it in place on the front of the quilt.

19 With the quilt right side up, use a medium-hot iron to press the binding outwards all round. Now begin to turn the binding over to the back of the quilt, pinning it in place. Use matching sewing thread and tiny stitches to slipstitch the binding in place all round, creating neat mitres at each corner. Press the binding and your heartfelt quilt is finished.

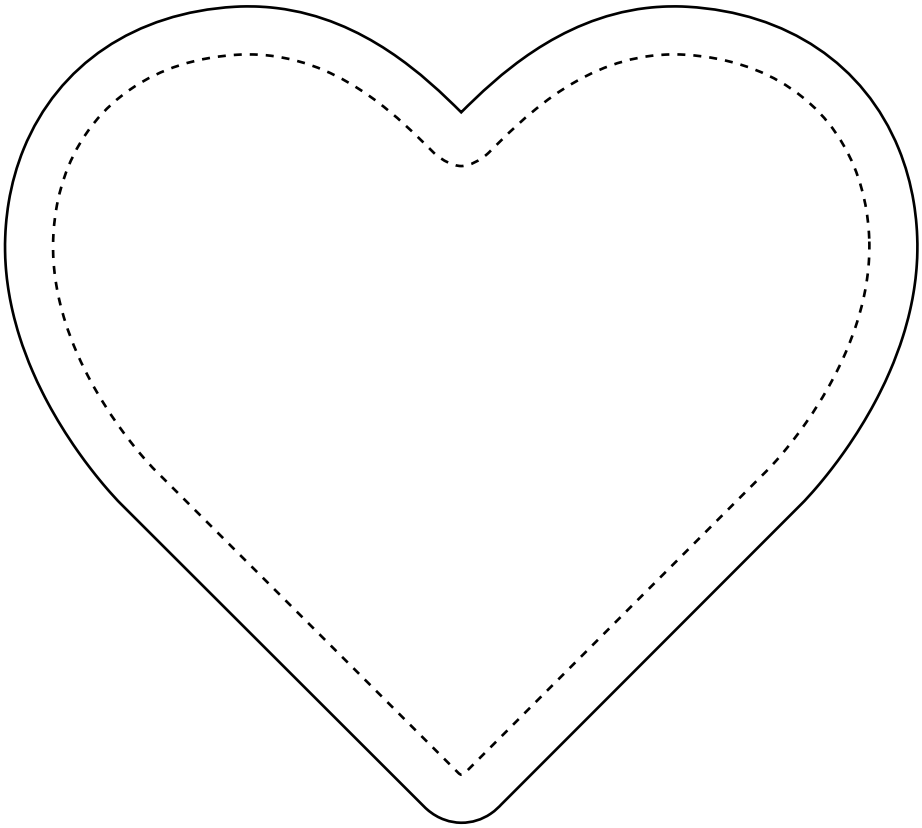
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Heart of the Village

Heart Appliqué Pattern

Full size

Includes ¼in (6mm) seam allowance



Please check this ruler to ensure that you are printing in 100%. Page size is A4.

